

# TRACY PERKS QUILT PATTERNS

## CLASS PLAN

BY TRACY PERKS

Welcome to the Tracy Perks Quilt Class Plan! This class plan is for Store Owners and Teachers who want to teach one of Tracy's quilt patterns. In this engaging and informative class, we'll explore Tracy's quilt patterns. Whether you're a seasoned quilter or a beginner, you'll find inspiration in her designs. This class plan can be for a day class or split into smaller classes.

Start by highlighting the simplicity of Tracy's quilt patterns, which are all based on squares and half-square triangles following a simple row by row layout. These projects are ideal for both beginners and experienced quilters.

In this class, you will guide your students through fabric selection, cutting techniques, creating half square triangles (HSTs), assembling rows, and sewing them together to create their own charming quilt top.

### Materials Needed:-

- ☐ One of Tracy Perks Quilt Patterns
- ☐ Fabric as per the quilt pattern
- ☐ Rotary cutter and cutting mat
- ☐ Quilting ruler
- ☐ Sewing Machine
- ☐ Iron and ironing mat
- ☐ Sewing clips or pins
- ☐ Thread
- ☐ Seam ripper (just in case!)

### NOTES

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## 1. Fabric Selection

Explore fabric choices:

The fabric requirements are in the pattern for the quilt top.

Encourage students to select fabrics that resonate with their personal style.

Discuss color combinations, contrast, and pattern scale.

Feel free to experiment with solids, blenders and more patterned fabrics.

## 2. Cutting Fabric

Follow the cutting instructions provided in the Quilt Pattern.

Demonstrate using the rotary cutter, ruler, and cutting mat to achieve precise measurements.

Start with the demonstration using a quilters ruler, something like a 6" x 24" ruler.

Give further demonstrations using the Creative Grids Stripology ruler.

Label each fabric piece to keep track of them.

## 3. Making Half Square Triangles (HSTs)

HSTs are easy quilt blocks to make and are essential for Tracy Perks quilt patterns.

Follow the diagram in the pattern for making the HST.

Pair up contrasting fabrics (e.g., yellow and black).

Place the fabric squares right sides together.

Draw a diagonal line from corner to corner on the wrong side of one square.

Sew a ¼-inch seam on both sides of the marked line.

Cut along the marked line to create two HSTs.

Press the seams open or toward the darker fabric.

Trim to the correct size.

There are lots of different ways to trim HST blocks. For a beginner you may want to demonstrate trimming an HST with the quilters ruler with a 45 degree line. You may also wish to demonstrate with a smaller ruler. The Creative Grids Perfect 5 is a good one to use, and then there is also the Creative Grids Stripology Squared ruler, which is a favourite of Tracy's.

### NOTES

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#### 4. Assembling Rows

Each pattern has a row by row guide on which fabric is required for each row. Show how to arrange the HST's and background squares according to the row on the quilt pattern.

Sew the squares together in rows, following the pattern layout.

Press the seams in alternating directions to reduce bulk.

#### 5. Sewing Rows Together

Lay out the rows in the desired order, as per the pattern.

Pin the rows together with either sewing clips or pins, matching seams.

Sew the rows together, keeping a consistent  $\frac{1}{4}$ -inch seam allowance.

Press the seams open or toward one side.

Explain about the importance of nesting seams when sewing rows together or constructing blocks.

#### Tips and Tricks

Encourage students to take their time cutting and sewing to ensure precise measurements.

Press as You Go: Press the fabric after each step to keep everything flat and neat.

Enjoy the process quilting is about creativity and joy—embrace imperfections and have fun!

At the end of the class the quilter will have the basic skills to finish off their quilt top.

Feel free to adapt this lesson plan to your teaching style and add any additional tips or techniques you find helpful.

Happy quilting!

#### NOTES

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